

Permissible Reasons for Breaking fasting during Ramadan and Paying Back Missed Fasts

Breaking of fast by the sick

If the sick breaks his fast, but the sickness is a form that recovery from it is expected, then it is mandatory on him to pay back the missed days. Allah Almighty says: "... but if any of you is ill or on a journey, the same number of days (should be made up after recovery) from other days." (Al-Baqarah : 184)

If the sickness is, however, a form of such that recovery is not expected, for instance a terminal disease or an old man or woman that is permanently incapable of fasting, then such should feed one poor person, for every day missed, with half a Saa'[A saa' is a four handful measure of an average man. A saa' is approximately two and a quarter kilograms (2.25 kg), thus the feeding on each day will be approximately 1 kilogram and 25 grams (1025 grams).]
.of rice or any other common food in the community